# Square Rings Associated to Elements in Homotopy Groups of Spheres 

Hans-Joachim Baues and Norio Iwase


#### Abstract

In this paper we compute for $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$ with $n<3 m-3$ the full homotopy category consisting of finite one point unions $\Sigma C_{\alpha} \vee \ldots \vee \Sigma C_{\alpha}$ with $\Sigma C_{\alpha}=S^{m} \cup_{\Sigma \alpha} e^{n}$. For this we describe the square ring $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ only in terms of primary homotopy operations on spheres. In low dimensions with $n-m \leq 19$ these homotopy operations are computed in the book of Toda [ $\mathbf{T}$ ], so that we get this way many explicit examples of square rings. In particular we shall describe algebraically the square rings $\operatorname{End}\left(\Sigma \mathbb{C} P_{2}\right), \operatorname{End}\left(\Sigma \mathbb{H} P_{2}\right)$ and $\operatorname{End}(\Sigma C a)$ where $\mathbb{C} P_{2}$ and $\mathbb{H} P_{2}$ are the complex and quaternionic projective plane respectively and where $\mathcal{C a}$ is the Cayley plane. The structure of $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ leads to a theory of extensions for square rings.


## 1. Introduction

For pointed spaces $X, Y$ let $[X, Y]$ be the set of homotopy classes of pointed maps $X \rightarrow Y$. Hence $[X, Y]$ is the set of morphisms in the homotopy category Top*/ $\simeq$. In this paper spaces are CW-complexes.

We consider a suspended space $\Sigma X$ which is ( $m-1$ )-connected and of dimension $<3 m-3$ with $m \geq 2$ (that is $\Sigma X$ is metastable) and we consider the full subcategory

$$
\begin{equation*}
\underline{\underline{\operatorname{Add}}}(\Sigma X) \subset \operatorname{Top}^{*} / \simeq \tag{1.1}
\end{equation*}
$$

consisting of one point unions $\bigvee^{k} \Sigma X$ of $k$-copies of the space $\Sigma X$ with $k \geq 0$. On the other hand we associate with $\Sigma X$ the diagram

$$
\begin{gather*}
\operatorname{End}(\Sigma X)=Q=\left(Q_{e} \xrightarrow{\bar{H}} Q_{e e} \xrightarrow{\bar{P}} Q_{e}\right),  \tag{1.2}\\
Q_{e}=[\Sigma X, \Sigma X], \quad Q_{e e}=[\Sigma X, \Sigma X \wedge X]
\end{gather*}
$$

where $\bar{H}$ is the Hopf invariant and $\bar{P}$ is induced by the Whitehead product $\left[1_{\Sigma X}, 1_{\Sigma X}\right]$ : $\Sigma X \wedge X \rightarrow X$. Here $Q_{e}$ and $Q_{e e}$ are groups by the co-H-structure of $\Sigma X$ and $Q_{e}$ is also a monoid by composition of maps. Moreover since $\Sigma X$ is metastable the group $Q_{e e}$ is abelian. The next lemma is shown in [BHP].

[^0]Lemma 1.1. The diagram $Q=\operatorname{End}(\Sigma X)$ has the structure of a square ring (see Section 3 below) and the algebraic biproduct completion $\underline{\underline{\operatorname{Add}}(Q) \text { of the square }}$ ring $Q$ is isomorphic to the category $\operatorname{\underline {\operatorname {Add}}(\Sigma X)\text {.}}$

The lemma shows that the computation of the square $\operatorname{ring} Q=\operatorname{End}(\Sigma X)$ yields an algebraic characterization of the category $\operatorname{Add}(\Sigma X)$ by the category $\underline{\underline{\operatorname{Add}}(Q) \text { in }}$ which the object corresponding to $\bigvee^{k} \Sigma X$ is denoted by $\coprod^{k} Q$ and in which the morphisms are certain matrices defined in (2.3) below. If $\Sigma X$ is stable (that is, if $\Sigma X$ is of dimension $\leq 2 m-2)$, then $Q_{e e}=0$ and $Q_{e}=\operatorname{End}(\Sigma X)$ is a ring, i.e. the endomorphism ring of an object in an additive category. In this case the lemma states the well known fact that $\underline{\operatorname{Add}}(\Sigma X)$ is isomorphic to the category of free $Q_{e}$-modules $\coprod^{k} Q=\bigoplus^{k} Q_{e}$.

The $k$-th general linear group of the square ring $Q$ is the group

$$
\begin{equation*}
G L(Q, k)=\operatorname{Aut}\left(\coprod^{k} Q\right) \tag{1.3}
\end{equation*}
$$

 the following computation of the group of homotopy equivalences $\operatorname{Aut}\left(\bigvee^{k} \Sigma X\right)$ in Top* $/ \simeq$.

Corollary 1.2. For $k \geq 0$ one has a canonical isomorphism of groups

$$
\operatorname{Aut}\left(\bigvee^{k} \Sigma X\right) \cong G L(Q, k)
$$

where the right hand side is algebraically determined by the square ring $Q=\operatorname{End}(\Sigma X)$ in (1.2).

The purpose of this paper is the computation of the square ring $\operatorname{End}(\Sigma X)$ if $\Sigma X$ is a 2 -cell complex. Let $\pi_{k}\left(S^{m}\right)$ be the $k$-th homotopy group of the $m$-sphere $S^{m}$. We consider an element

$$
\begin{equation*}
\alpha \in \pi_{n-2}\left(S^{m-1}\right) \quad \text { with } \quad n-2 \geq m-1 \geq 1, n<3 m-3 \tag{1.4}
\end{equation*}
$$

which yields the mapping cone $C_{\alpha}$ and its suspension $\Sigma C_{\alpha}$ which are CW-complexes of the form

$$
\left\{\begin{array}{l}
C_{\alpha}=S^{m-1} \cup_{\alpha} e^{n-1} \\
\Sigma C_{\alpha}=S^{m} \cup_{\Sigma \alpha} e^{n}
\end{array}\right.
$$

The assumptions on $m, n$ show that $\Sigma C_{\alpha}$ is in the meta-stable range so that the endomorphism square ring $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ is defined. For example, if $\alpha=\eta_{2} \in \pi_{3}\left(S^{2}\right)$ is the Hopf map then $C_{\alpha}=\mathbb{C} P_{2}$ is the complex projective plane and the square ring $\operatorname{End}\left(\Sigma \mathbb{C} P_{2}\right)$ was computed in (8.6) of $[\mathbf{B H P}]$. In this paper we describe more generally $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ only in terms of primary homotopy operations on spheres. In low dimensions with $n-m \leq 19$ these homotopy operations are computed in the book of Toda [ $\mathbf{T}]$, so that we get this way many explicit examples of square rings. In particular we shall describe algebraically the square rings $\operatorname{End}\left(\Sigma \mathbb{H} P_{2}\right)$ and $\operatorname{End}(\Sigma \mathcal{C} a)$ where $\mathbb{H} P_{2}$ is the quaternionic projective plane and where $\mathcal{C} a$ is the Cayley plane.

## 2. The biproduct completion of a square ring

We recall the definition of square group and square ring from $[\mathbf{B H P}]$.
DEFINITION 2.1. A square group $Q=\left(Q_{e} \xrightarrow{\bar{H}} Q_{e e} \xrightarrow{\bar{P}} Q_{e}\right)$ is given by a group $Q_{e}$ and an abelian group $Q_{e e}$. Both groups are written additively. Moreover $\bar{P}$ is a homomorphism and $\bar{H}$ is a quadratic function, that is, the cross effect

$$
\langle x \mid y\rangle_{\bar{H}}=\bar{H}(x+y)-\bar{H}(x)-\bar{H}(y)
$$

is linear in $x, y \in Q_{e}$. In addition the following properties are satisfied for $x, y \in Q_{e}$ and $u, v \in Q_{e e}$.
(1) $\langle\bar{P}(u) \mid y\rangle_{\bar{H}}=0$ and $\langle x \mid \bar{P}(v)\rangle_{\bar{H}}=0$
(2) $\bar{P}\left(\langle x \mid y\rangle_{\bar{H}}\right)=x+y-x-y$
(3) $\bar{P} \bar{H} \bar{P}(u)=\bar{P}(u)+\bar{P}(u)$

Definition 2.2. A square ring $Q=\left(Q_{e} \xrightarrow{\bar{H}} Q_{e e} \xrightarrow{\bar{P}} Q_{e}\right)$ is given by a square group $\left(Q_{e} \xrightarrow{\bar{H}} Q_{e e} \xrightarrow{\bar{P}} Q_{e}\right)$ for which $Q_{e}$ has the additional structure of a monoid with unit $1 \in Q_{e}$ and the multiplication is denoted by $x \circ y \in Q_{e}$. This monoid structure induces a ring structure on the abelian group $\bar{R}=\operatorname{cok}(\bar{P})$ through the canonical projection $Q_{e} \xrightarrow{\bar{\epsilon}} \bar{R}$. We write $\bar{\epsilon}(a)=\bar{a}$. Moreover the abelian group $Q_{e e}$ is an $\bar{R} \otimes \bar{R} \otimes \bar{R}^{o p}$-module with action denoted by $(\bar{t} \otimes \bar{s}) \cdot u \cdot \bar{r} \in Q_{e e}$ for $\bar{t}, \bar{s}, \bar{r} \in \bar{R}, u \in Q_{e e}$. In addition the following properties are satisfied where $\bar{H}(2)=\bar{H}(1+1)$.
(1) $\langle x \mid y\rangle_{\bar{H}}=(\bar{y} \otimes \bar{x}) \cdot \bar{H}(2)$
(2) $T=\bar{H} \bar{P}-1$ is an isomorphism of abelian groups satisfying $T((\bar{t} \otimes \bar{s}) \cdot u \cdot \bar{r})=$ $(\bar{s} \otimes \bar{t}) \cdot T(u) \cdot \bar{r}$.
(3) $\bar{P}(u) \circ x=\bar{P}(u \cdot \bar{x})$
(4) $x \circ \bar{P}(u)=\bar{P}((\bar{x} \otimes \bar{x}) \cdot u)$
(5) $\bar{H}(x \circ y)=(\bar{x} \otimes \bar{x}) \cdot \bar{H}(y)+\bar{H}(x) \cdot \bar{y}$
(6) $(x+y) \circ z=x \circ z+y \circ z+\bar{P}((\bar{x} \otimes \bar{y}) \cdot \bar{H}(z))$
(7) $x \circ(y+z)=x \circ y+x \circ z$

By $[\mathbf{B P}]$, we know that the category of square groups is the same as the category of quadratic functors $\underline{\underline{\mathrm{Gr}}} \rightarrow \underline{\underline{\mathrm{Gr}}}$ where $\underline{\underline{\mathrm{Gr}}}$ is the category of groups. With respect to the monoidal structure in this category a square ring is also a monoid in the category of square groups; see $[\mathbf{B P}]$.

We remark that the definition of a square ring in $[\mathbf{B H P}]$ or $[\mathbf{B P}]$ uses also the equation
(8) $\bar{H} \bar{P} \bar{H}(x)+\bar{H}(x+x)-4 \bar{H}(x)=\bar{H}(2) \cdot \bar{x}$.
which is redundant. In fact, by the condition (6) of Definition 2.2, we have

$$
2 \circ x=(1+1) \circ x=1 \circ x+1 \circ x+\bar{P}((\overline{1} \otimes \overline{1}) \cdot \bar{H}(x))=x+x+\bar{P} \bar{H}(x)
$$

Applying $\bar{H}$ using the condition (1) of Definition 2.1 we get

$$
\bar{H}(2 \circ x)=\bar{H}(x+x)+\bar{H}(\bar{P} \bar{H}(x))+\langle x+x \mid \bar{P} \bar{H}(x)\rangle_{\bar{H}}=\bar{H}(x+x)+\bar{H} \bar{P} \bar{H}(x) .
$$

On the other hand by condition (5) we have

$$
\bar{H}(2 \circ x)=(\overline{2} \otimes \overline{2}) \cdot \bar{H}(x)+\bar{H}(2) \cdot \bar{x}=4 \bar{H}(x)+\bar{H}(2) \cdot \bar{x} .
$$

Comparing the equations we obtain (8).

Definition 2.3. Given a square ring $Q$ as above we define the biproduct completion $\underline{\underline{\operatorname{Add}}}(Q)$. We obtain the category $\underline{\underline{\operatorname{Add}}}(Q)$ in terms of matrices as follows. Objects in $\underline{\underline{\operatorname{Add}}}(Q)$ are denoted by $\coprod^{x} Q$ will $x \in\{0,1,2, \cdots\}$. For $x=0$ this is the initial object and for $x=1$ we write $Q=\coprod^{1} Q$. Sets of morphisms are defined by product sets

$$
\begin{aligned}
& \operatorname{Mor}\left(Q, \coprod^{x} Q\right)=\left(\prod_{i=1}^{x} Q_{e}\right) \times\left(\prod_{1 \leq i<j \leq x} Q_{e e}\right) \\
& \quad f \in \operatorname{Mor}\left(\coprod^{y} Q, \coprod^{x} Q\right)=\prod_{k=1}^{y} \operatorname{Mor}\left(Q, \coprod^{x} Q\right)
\end{aligned}
$$

where we write $f=\left(f_{i}^{k}, f_{i j}^{k}\right)$. Now let $g=\left(g_{k}^{s}, g_{k \ell}^{s}\right)$ be an element in $\operatorname{Mor}\left(\coprod^{z} Q, \coprod^{y} Q\right)$. Then the composition

$$
f g=\left((f g)_{i}^{s},(f g)_{i j}^{s}\right)
$$

is given by the coordinates

$$
\begin{aligned}
& (f g)_{i}^{s}=f_{i}^{1} \circ g_{1}^{s}+f_{i}^{2} \circ g_{2}^{s}+\cdots+f_{i}^{y} \circ g_{y}^{s}+\sum_{k<\ell} \bar{P}\left(\left(\overline{f_{i}^{k}} \otimes \overline{f_{i}^{\ell}}\right) \cdot g_{k \ell}^{s}\right) \\
& (f g)_{i j}^{s}=\sum_{k}\left(f_{i j}^{k} \cdot \overline{g_{k}^{s}}\right)+\sum_{k<\ell}\left(\left(\overline{f_{i}^{k}} \otimes \overline{f_{j}^{\ell}}\right) \cdot g_{k \ell}^{s}+\left(\overline{f_{i}^{\ell}} \otimes \overline{f_{j}^{k}}\right) \cdot T g_{k \ell}^{s}+\overline{\left(f_{i}^{\ell} \cdot g_{\ell}^{s}\right)} \otimes \overline{\left(f_{j}^{k} \cdot g_{k}^{s}\right)} \cdot \bar{H}(2)\right)
\end{aligned}
$$

## 3. The main result

We associate with $\alpha$ in (1.4) the following data determined by $\alpha$.
Definition 3.1. Given $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$ with $n<3 m-3$. Let $U_{\alpha} \subset \pi_{n}\left(S^{m}\right)$ be the subgroup generated by $\eta_{m}\left(\Sigma^{2} \alpha\right)$ and $(\Sigma \alpha) \eta_{n-1}$ where $\eta_{t}$ is the Hopf element, $t \geq 2$. Then the quotient group $\pi_{n}\left(S^{m}\right) / U_{\alpha}$ is part of the diagram

$$
\begin{align*}
& M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)  \tag{3.1}\\
& M_{e}=\pi_{n}\left(S^{m}\right) / U_{\alpha}, \quad M_{e e}=\pi_{n}\left(S^{2 m-1}\right)
\end{align*}
$$

where $H$ is given by the Hopf invariant and $P$ is induced by the Whitehead square $\left[\iota_{m}, \iota_{m}\right]: S^{2 m-1} \rightarrow S^{m}$, that is, $P(u)=\left[\iota_{m}, \iota_{m}\right]_{*} u$. The element $\Sigma \alpha$ is a torsion element of order $k$ in $\pi_{n-1}\left(S^{m}\right)$ so that $\Sigma(k \alpha)=0$ and hence by the exactness of the EHP-sequence with $n \leq 3 m-3$ (see [B1] A.6.7)

$$
\pi_{n}\left(S^{2 m-1}\right) \xrightarrow{P_{0}} \pi_{n-2}\left(S^{m-1}\right) \xrightarrow{E_{0}} \pi_{n-1}\left(S^{m}\right) \xrightarrow{H_{0}} \pi_{n-1}\left(S^{2 m-1}\right) \rightarrow \cdots
$$

there exists

$$
\left\{\begin{array}{l}
\mu \in \pi_{n}\left(S^{2 m-1}\right) \text { with }  \tag{3.2}\\
P_{0}(\mu)=\left[\iota_{m-1}, \iota_{m-1}\right]_{*}\left(\Sigma^{2}\right)^{-1} \mu=-k \alpha
\end{array}\right.
$$

Here we use the inverse $\left(\Sigma^{2}\right)^{-1}$ of the double suspension $\Sigma^{2}: \pi_{n-2}\left(S^{2 m-3}\right) \cong$ $\pi_{n}\left(S^{2 m-1}\right)$. Moreover let

$$
\begin{equation*}
\lambda=\Sigma^{2} H(\alpha) \tag{3.3}
\end{equation*}
$$

be given by the Hopf invariant $H: \pi_{n-2}\left(S^{m-1}\right) \rightarrow \pi_{n-2}\left(S^{2 m-3}\right)$.
Theorem 3.2. In terms of the data $(M, \lambda, \mu, k)$ associated to $\alpha$ we define below a square ring $Q(M, \lambda, \mu, k)$ together with an isomorphism

$$
\operatorname{End}\left(\Sigma C_{\alpha}\right) \cong Q(M, \lambda, \mu, k)
$$

of square rings.
For $k \geq 1$ let $R=\mathbb{Z} \times{ }_{k} \mathbb{Z}$ be the subring of $\mathbb{Z} \times \mathbb{Z}$ consisting of all pairs $a=$ $\left(a_{0}, a_{1}\right)$ with $a_{0}-a_{1} \equiv 0 \bmod k$. This is the pull back ring of $\mathbb{Z} \longrightarrow \mathbb{Z} / k \longleftarrow \mathbb{Z}$. Then $1=\eta(1)=(1,1) \in R$ is the unit and we have an augmentation $\epsilon: R \rightarrow \mathbb{Z}$ with $\epsilon(a)=a_{0}$ for $a=\left(a_{0}, a_{1}\right)$. The kernel of $\epsilon$ is generated by $\bar{k}=(0, k)$ so that 1 and $\bar{k}$ form a $\mathbb{Z}$-basis of the free abelian group $\mathbb{Z} \times{ }_{k} \mathbb{Z}$. We have a surjection map

$$
\begin{equation*}
\operatorname{deg}:\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \rightarrow \mathbb{Z} \times_{k} \mathbb{Z}=R \tag{3.4}
\end{equation*}
$$

which carries $u: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha}$ to the pair $\operatorname{deg}(u)=\left(a_{0}, a_{1}\right)$ where $a_{0}$ is the degree of $H_{m}(u)$ on $H_{m}\left(\Sigma C_{\alpha}\right)=\mathbb{Z}$ and $a_{1}$ is the degree of $H_{n}(u)$ on $H_{n}\left(\Sigma C_{\alpha}\right)=\mathbb{Z}$. We shall prove the following crucial lemma.

Lemma 3.3. For the square ring $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ given by diagram (1.2) and for the data $(M, \lambda, \mu, k)$ in definition 3.1 one gets a commutative diagram

where the column $M_{e} \stackrel{i}{\hookrightarrow}\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \xrightarrow{\text { deg }} R$ is a split short exact sequence of abelian groups. For a splitting s of deg let $h=\bar{H} s$. We can choose s such that $s(1)=\iota_{\alpha}$ is the identity of $\Sigma C_{\alpha}$ and $s(\bar{k})=\mu_{0}$ such that $\bar{H}\left(\mu_{0}\right)=h(\bar{k})=\mu$ and $\bar{H}(1+1)=$ $h(1+1)=\lambda$.

Definition 3.4. A quadratic $\mathbb{Z}$-module [B2]

$$
\begin{equation*}
M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right) \tag{3.5}
\end{equation*}
$$

consists of abelian groups $M_{e}$ and $M_{e e}$ and homomorphisms $H$ and $P$ satisfying $H P H=2 H$ and $P H P=2 P$. We consider $k \in \mathbb{N}$ and $\lambda, \mu \in M_{e e}$ with relations

$$
\left\{\begin{array}{l}
P(\lambda)=0  \tag{3.6}\\
H P(\mu)=2 \mu+k \lambda
\end{array}\right.
$$

One can easily check that $(M, \lambda, \mu, k)$ in (3.1) satisfies these relations. Then the square ring $Q(M, \lambda, \mu, k)$ with

$$
\begin{equation*}
Q=\left(R \oplus M_{e} \xrightarrow{\bar{H}} M_{e e} \xrightarrow{\bar{P}} R \oplus M_{e}\right) \tag{3.7}
\end{equation*}
$$

is defined as follows with $R=\mathbb{Z} \times_{k} \mathbb{Z}$. Let $h: R \rightarrow M_{e e}$ be the unique function satisfying

$$
\left\{\begin{array}{l}
h(1)=0, \quad h(\bar{k})=\mu  \tag{3.8}\\
\langle a, b\rangle_{h}=h(a+b)-h(a)-h(b)=a_{0} b_{0} \lambda
\end{array}\right.
$$

Then $\bar{H}$ is the function given by

$$
\begin{equation*}
\bar{H}(a, x)=h(a)+H(x) . \tag{3.9}
\end{equation*}
$$

Moreover $\bar{P}$ is defined by

$$
\begin{equation*}
\bar{P}(y)=(0, P(y)) \in R \oplus M_{e} . \tag{3.10}
\end{equation*}
$$

As a group $R \oplus M_{e}$ is the direct sum of abelian groups and the monoid structure of $R \oplus M_{e}$ is given by the product formula

$$
\begin{equation*}
(a, x) \circ(b, y)=\left(a \cdot b, x \cdot b_{1}+a_{0} * y+\Delta(a, b)\right) \tag{3.11}
\end{equation*}
$$

where

$$
\begin{equation*}
a_{0} * y=a_{0} y+\frac{a_{0}\left(a_{0}-1\right)}{2} P H(y) \tag{3.12}
\end{equation*}
$$

and

$$
\begin{equation*}
\Delta(a, b)=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P(\mu) \tag{3.13}
\end{equation*}
$$

Now $\bar{R}=\operatorname{cok}(\bar{P})=R \oplus \operatorname{cok}(P)$ is a ring and the projection $\bar{R} \rightarrow R$ is a ring homomorphism. Moreover $M_{e e}$ as $\bar{R} \otimes \bar{R} \otimes \bar{R}^{o p}$-module is defined by

$$
\begin{equation*}
(\overline{(a, x)} \otimes \overline{(b, y)}) \cdot u \cdot \overline{(c, z)}=\left(a_{0} b_{0}\right) \cdot u \cdot c_{1} \tag{3.14}
\end{equation*}
$$

for $\overline{(a, x)}, \overline{(b, y)}, \overline{(c, z)} \in \bar{R}$ and $u \in M_{e e}$.
We shall prove that $Q=Q(M, \lambda, \mu, k)$ given by 3.5 through 3.14 above is a welldefined square ring. Using the section $s$ in Lemma 3.3 one obtains the isomorphism

$$
\begin{equation*}
R \oplus M_{e}=\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \tag{3.15}
\end{equation*}
$$

as in the proof of Corollary 8.5 carrying $(a, x)$ to $s(a)+i(x)$. This is an isomorphism of abelian groups and of monoids and this isomorphism yields the isomorphism $Q \cong \operatorname{End}\left(\Sigma C_{\alpha}\right)$ of square rings in Theorem 3.2. We point out that in general the group $\left[\Sigma C_{\alpha}, W\right]$ for some space $W$ needs not to be abelian, e.g, for $W=\Sigma C_{\alpha} \vee \Sigma C_{\alpha}$ the group [ $\Sigma C_{\alpha}, W$ ] is abelian if and only if $H(\alpha)=0$, in other words, $C_{\alpha}$ is itself a co- H -space.

## 4. Examples and applications

We consider the special case of the square ring $Q=Q(M, \lambda, \mu, k)$ for a quadratic $\mathbb{Z}$-module $M$ with $M_{e}=0$. In this case we obtain for the ring $R=\mathbb{Z} \times{ }_{k} \mathbb{Z}$ and for $\lambda, \mu \in M_{e e}$ with $2 \mu+\lambda=0$ the square ring

$$
\begin{equation*}
Q\left(M_{e e}, \lambda, \mu, k\right)=Q=\left(R \xrightarrow{h} M_{e e} \xrightarrow{0} R\right) \tag{4.1}
\end{equation*}
$$

with $h(1)=0, h(\bar{k})=\mu$ and $\langle a, b\rangle_{h}=h(a+b)-h(a)-h(b)=a_{0} b_{0} \lambda$. Moreover $M_{e e}$ is an $R \otimes R \otimes R^{o p}$-module by $(a \otimes b) \cdot u \otimes c=\left(a_{0} b_{0}\right) \cdot u \cdot c_{1}$.

For the complex projective plane $\mathbb{C} P_{2}=C_{\eta_{2}}$ where $\alpha=\eta_{2}$ is the Hopf map we get as a special case of (4.1):

Example 4.1. For $\alpha=\eta_{2} \in \pi_{3}\left(S^{2}\right)$ one has

$$
\begin{aligned}
& \operatorname{End}\left(\Sigma \mathbb{C} P_{2}\right) \cong Q\left(M_{e e}, \lambda, \mu, k\right) \quad \text { with } \\
& M_{e e}=\mathbb{Z}, \quad \lambda=1, \quad \mu=-1, \quad k=2
\end{aligned}
$$

This example was also computed in (8.6)(2) of [BHP]. Moreover the category $\underline{\underline{\operatorname{Add}}}\left(\Sigma \mathbb{C} P_{2}\right)$ was computed by $[\mathbf{U}]$ and $[\mathbf{Y}]$. Using the computation of the square $\overline{\text { ring }} Q=\operatorname{End}\left(\Sigma \mathbb{C} P_{2}\right)$ above we know that $\operatorname{Add}\left(\Sigma \mathbb{C} P_{2}\right)=\underline{\operatorname{Add}}(Q)$ is algebraically determined by $Q$. These results can be generalised as follows.

We describe the square rings for the Hopf maps $\nu_{4}, \sigma_{8}$ for which the mapping cones

$$
C_{\nu_{4}}=\mathbb{H} P_{2} \quad \text { and } \quad C_{\sigma_{8}}=C a
$$

are the quaternionic projective space and the Cayley plane respectively. By inspection of Toda's book $[\mathbf{T}]$ we get the following square rings:

Example 4.2. For $\alpha=\nu_{4} \in \pi_{7}\left(S^{4}\right)$ one has

$$
\begin{gathered}
\operatorname{End}\left(\Sigma \mathbb{H} P_{2}\right) \cong Q\left(M_{e e}, \lambda, \mu, k\right) \quad \text { with } \\
M_{e e}=\mathbb{Z}, \quad \lambda=1, \quad \mu=-12, \quad k=24
\end{gathered}
$$

Example 4.3. For $\alpha=\sigma_{8} \in \pi_{15}\left(S^{8}\right)$ one has

$$
\begin{aligned}
\operatorname{End}(\Sigma \mathcal{C} a) & \cong Q\left(M_{e e}, \lambda, \mu, k\right) \quad \text { with } \\
M_{e e}=\mathbb{Z}, \quad \lambda & =1, \quad \mu=-120, \quad k=240 .
\end{aligned}
$$

Hence the examples $\operatorname{End}\left(\Sigma \mathbb{C} P_{2}\right), \operatorname{End}\left(\Sigma \mathbb{H} P_{2}\right)$ and $\operatorname{End}(\Sigma \mathcal{C a})$ are special cases of the square ring $Q$ in (4.1). The endomorphism square rings of $\Sigma \mathbb{C} P_{2}, \Sigma \mathbb{H} P_{2}, \Sigma C a$ satisfy $P=0$. The next examples satisfy $P \neq 0$.

Example 4.4. For the double Hopf map $\alpha=\eta_{3}^{2} \in \pi_{5}\left(S^{3}\right)$ one has

$$
\operatorname{End}\left(\Sigma C_{\alpha}\right) \cong Q(M, \lambda, \mu, k) \quad \text { with }
$$

$$
M=(\mathbb{Z} \oplus \mathbb{Z} / 6 \xrightarrow{(1,0)} \mathbb{Z} \xrightarrow{(2,1)} \mathbb{Z} \oplus \mathbb{Z} / 6), \quad \lambda=0, \quad \mu=0, \quad k=2 .
$$

Example 4.5. For the Whitehead square $\alpha=\left[\iota_{5}, \iota_{5}\right] \neq 0$ in $\pi_{9}\left(S^{5}\right)=\mathbb{Z} / 2$ one has

$$
\begin{gathered}
\operatorname{End}\left(\Sigma C_{\alpha}\right) \cong Q(M, \lambda, \mu, k) \quad \text { with } \\
M=(\mathbb{Z} \xrightarrow{2} \mathbb{Z} \xrightarrow{1} \mathbb{Z}), \quad \lambda=0, \quad \mu=1, \quad k=1 .
\end{gathered}
$$

Example 4.6. For the Whitehead square $\alpha=\left[\iota_{8}, \iota_{8}\right] \in \pi_{15}\left(S^{8}\right)$ one has

$$
\operatorname{End}\left(\Sigma C_{\alpha}\right) \cong Q(M, \lambda, \mu, k) \quad \text { with }
$$

$$
M=(\mathbb{Z} / 2 \oplus \mathbb{Z} / 2 \oplus \mathbb{Z} / 2 \xrightarrow{0} \mathbb{Z} \xrightarrow{(1,1,1)} \mathbb{Z} / 2 \oplus \mathbb{Z} / 2 \oplus \mathbb{Z} / 2), \quad \lambda=2, \quad \mu=-1, \quad k=1 .
$$

In Theorem 3.13 of Oka, Sawashita and Sugawara [OSS] extending results of Oka [ $\mathbf{O}$ ], the group $\operatorname{Aut}\left(S^{n} \cup_{f} e^{m}\right)$ is computed up to an extension problem if $f=\Sigma \alpha$ is a suspension. Also in Theorem A of Yamaguchi $[\mathbf{Y}]$ and in Section 2 of Unsöld [U], the group Aut $\left(\bigvee^{k} \Sigma^{r} \mathbb{C} P^{2}\right)$ is determined for $r \geq 1$. By our result we get:

Proposition 4.7. Let $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$ be with $n<3 m-3$. Then the group $\operatorname{Aut}\left(S^{m} \cup_{f} e^{m}\right)$ with $f=\Sigma \alpha$ is the group of units in the monoid $Q_{e}$ determined by the square ring $Q=Q(M, \lambda, \mu, k)$ given by $\alpha$. In fact, the monoid of self maps of $\Sigma C_{\alpha}=S^{m} \cup_{f} e^{n}$ coincides with the monoid $Q_{e}$. In addition the group

$$
\operatorname{Aut}\left(\bigvee^{k} \Sigma C_{\alpha}\right) \cong G L(Q, k)
$$

is algebraically determined by the square ring $Q=\operatorname{End}\left(\Sigma C_{\alpha}\right)$ for $k \geq 1$.
We now consider for a metastable space $\Sigma X$ the groups $M=[\Sigma X, W]$ where $W$ is a pointed space. For $Q=\operatorname{End}(\Sigma X)$ in (4.1) we get the operations

$$
\left\{\begin{array}{l}
{[\Sigma X, W] \times[\Sigma X, \Sigma X] \longrightarrow[\Sigma X, W]}  \tag{4.2}\\
{[\Sigma X, W] \times[\Sigma X, W] \times[\Sigma X, \Sigma X \wedge X] \longrightarrow[\Sigma X, W]}
\end{array}\right.
$$

which carry $(m, a)$ and $(m, n, x)$ to the composites $m \circ a$ and $[m, n] \circ x$ respectively where $[m, n] \in[\Sigma X \wedge X, W]$ is the Whitehead product of $m, n \in[\Sigma X, W]$. These operations give $M=[\Sigma X \wedge X, W]$ the following structure of a $Q$-module. The structure of $[\Sigma X \wedge X, W]$ as a $Q$-module determines completely the functor

$$
\underline{\underline{\operatorname{Add}}}(\Sigma X)^{o p} \longrightarrow \underline{\underline{\text { Set }}}
$$

which carries $\bigvee^{k} \Sigma X$ to the set of homotopy classes $\left[\mathrm{V}^{k} \Sigma X, W\right]$; see $[\mathbf{B H P}]$.
Definition 4.8. A $Q$-module $M$ is given by a group $M$ which we write additively and by $Q$-operations which are functions

$$
\begin{aligned}
& M \times Q_{e} \longrightarrow M, \quad(m, a) \longmapsto m \cdot a, \\
& M \times M \times Q_{e e} \longrightarrow M, \quad(m, n, x) \longmapsto[m, n] \cdot x .
\end{aligned}
$$

For $a, b \in Q_{e}, x, y \in Q_{e e}, m, n \in M$ the following relations hold where $[M]=$ $\left\{[m, n] \cdot x ; m, n \in M, x \in Q_{e e}\right\} \subset M:$

$$
\begin{aligned}
& m \cdot 1=m,(m \cdot a) \cdot b=m \cdot(a \cdot b), m \cdot(a+b)=m \cdot a+m \cdot b, \\
& (m+n) \cdot a=m \cdot a+n \cdot a+[m, n] \cdot H(a), \\
& m \cdot P(x)=[m, m] \cdot x, \\
& {[m, n] \cdot T(x)=[n, m] \cdot x,} \\
& {[m \cdot a, n \cdot b] \cdot x=[m, n] \cdot(a \otimes b) \cdot x \text { and }([m, n] \cdot x) \cdot a=[m, n] \cdot(x \cdot a),} \\
& {[m, n] \cdot x \text { is linear in } m, n \text { and } x,} \\
& {[m, n] \cdot x=0 \text { for } m \in[M] .}
\end{aligned}
$$

These equations imply that the commutator in $M$ satisfies

$$
n+m-n-m=-n-m+n+m=[m, n] \cdot H(2)
$$

Hence $M$ is a group of nilpotency degree 2 and $[M]$ is central in $M$. Morphisms in the category $\operatorname{Mod}(Q)$ of $Q$-modules are homomorphisms $M \rightarrow M^{\prime}$ which are compatible with the $Q$-operations.

Since we computed $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ we then get:
Proposition 4.9. For $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$ with $n<3 m-3$ the group $\left[\Sigma C_{\alpha}, W\right]$ is a $Q$-module where $Q=Q(M, \lambda, \mu, k) \cong \operatorname{End}\left(\Sigma C_{\alpha}\right)$ is given by $\alpha$ as in section 3 .

Remark 4.10. Let $\Sigma X$ be a metastable space and let $G$ be a connected topological group. Then the set $[X, B]$ of homotopy classes of maps from $X$ to $G$ has the structure of a $Q$-module where $Q=\operatorname{End}(\Sigma X)$ is the endomorphism square ring of $\Sigma X$. This follows since we have natural isomorphism of groups

$$
[X, G]=[X, \Omega B G]=[\Sigma X, B G]
$$

where $B G$ is the classifying space of $G$. In particular the groups

$$
\left[\mathbb{R} P_{2}, G\right], \quad\left[\mathbb{C} P_{2}, G\right], \quad\left[\mathbb{H} P_{2}, G\right], \quad[C a, G]
$$

have the structure of a $Q$-module where $Q$ is the endomorphism square ring for $\Sigma \mathbb{R} P_{2}, \Sigma \mathbb{C} P_{2}, \Sigma \mathbb{H} P_{2}, \Sigma \mathcal{C} a$ respectively; in fact, algebraic descriptions of these square rings are given in (8.2) of [BHP], (4.1), (4.2) and (4.3).

## 5. A quadratic action

The following three sections are purely algebraic. We study first a quadratic action denoted by $*$ which will be used in the next section for the computation of certain square rings. This way we show that the square ring $Q(M, \lambda, \mu, k)$ used in our main result is in fact a well defined square ring satisfying all properties in Definition 2.2.

Let $R$ be an augmented ring with unit, i.e. two ring homomorphisms $\eta: \mathbb{Z} \rightarrow R$ and $\epsilon: R \rightarrow \mathbb{Z}$ are given to satisfy $\epsilon \eta=1_{\mathbb{Z}}$. We write $\eta(\ell)=\ell$ for $\ell \in \mathbb{Z}$ and $\epsilon(a)=\tilde{a}$ for $a \in R$. For example the ring $R=\mathbb{Z} \times_{k} \mathbb{Z}$ is augmented by $\varepsilon(a)=\tilde{a}=a_{0} \in \mathbb{Z}$ with $a=\left(a_{0}, a_{1}\right)$ and the unit is $1=(1,1)$.

A quadratic $R$-module $M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)$ is given by right $R$-modules $M_{e}, M_{e e}$ and $R$-linear homomorphisms $H, P$ with $H P H=2 H$ and $P H P=2 P$.

For any quadratic $R$-module $M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)$, we define a left action of $R$ on $M_{e}$ by

$$
\tilde{a} * x=\tilde{a} x+\frac{\tilde{a}(\tilde{a}-1)}{2} P H(x),
$$

$\tilde{a} \in \mathbb{Z}$ for $a \in R, x \in M_{e}$. Then the following proposition holds.
Proposition 5.1. The action * satisfies following formulas.
(1) $\tilde{a} *(\tilde{b} * x)=(\widetilde{a b}) * x$
(2) $(\widetilde{a+b}) * x=\tilde{a} * x+\tilde{b} * x+\tilde{a} \tilde{b} P H(x)$
(3) $\tilde{a} *(x+y)=\tilde{a} * x+\tilde{a} * y$
(4) $\tilde{a} *(x \cdot b)=(\tilde{a} * x) \cdot b$
(5) $H(\tilde{a} * x)=\tilde{a} \tilde{a} H(x)$
(6) $\tilde{a} * P(x)=\tilde{a} \tilde{a} P(x)$

## 6. Square extension

We study square extensions which are motivated by the commutative diagram in Lemma 3.3. Let $R$ be an augmented ring and let $M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)$ be a quadratic $R$-module. For the group $Q_{e}=R \oplus M_{e}$ (given by the direct sum of the
abelian groups $R$ and $M_{e}$ ) we consider the following extension diagram


This is a generalization of the diagram in Lemma 3.3. Here $i$ and $s$ are the inclusions for $Q_{e}=R \oplus M_{e}$ and $\pi$ is the projection. We now consider conditions on ( $H, P, h$ ) which yield a square group and a square ring respectively.

Proposition 6.1. Given $(H, P, h)$ as above, the following two conditions are equivalent.
(1) $Q=\left(Q_{e} \xrightarrow{\bar{H}} M_{e e} \xrightarrow{\bar{P}} Q_{e}\right)$ is a square group with

$$
\bar{H}(a, x)=h(a)+H(x) \quad \text { and } \quad \bar{P}(u)=i P(u)=(0, P(u))
$$

for $a \in R, x \in M_{e}$ and $u \in M_{e e}$.
(2) The data $(H, P, h)$ satisfies the following conditions.
i) $A$ cross effect $\langle a \mid b\rangle_{h}=h(a+b)-h(a)-h(b)$ is linear in $a, b \in R$.
ii) $P\left(\langle a \mid b\rangle_{h}\right)=0$, in other words, $P h(a)$ is linear in $a$.

Proof: By the definitions of $\bar{H}$ and cross effects, we have

$$
\begin{aligned}
& \langle(a, x) \mid(b, y)\rangle_{\bar{H}}=\bar{H}((a, x)+(b, y))-\bar{H}(a, x)-\bar{H}(b, y) \\
& \quad=h(a+b)+H(x+y)-h(a)-H(x)-h(b)-H(y)=h(a+b)-h(a)-h(b)
\end{aligned}
$$

Thus we have

$$
\begin{equation*}
\langle(a, x) \mid(b, y)\rangle_{\bar{H}}=\langle a \mid b\rangle_{h} \tag{6.1}
\end{equation*}
$$

Suppose (1). The condition (1) of Definition 2.1 implies the condition (2i) by (6.1). The condition (2) of Definition 2.1 implies $\bar{P}\left(\langle a, b\rangle_{h}\right)=a+b-a-b=0$, and hence we have (2ii).

Conversely suppose (2). By (6.1), the condition (2i) implies the condition (2) of Definition 2.1. The condition (1) of Definition 2.1 is a direct consequence of $\operatorname{im} \bar{P}=0 \oplus \operatorname{im} P \subset 0 \oplus M_{e}=\operatorname{ker} \pi$ and (6.1). The condition (2) of Definition 2.1 is obtained by (6.1) and the condition (2ii). The condition (3) of Definition 2.1 is automatically satisfied since $M$ is a quadratic $R$-module. qed.

For a given quadratic $R$-module $M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)$, let $\bar{R}=$ $R \oplus\left(M_{e} / \operatorname{im}(P)\right)$ and let

$$
\begin{gathered}
\bar{\epsilon}: R \oplus M_{e} \rightarrow R \oplus\left(M_{e} / \operatorname{im}(P)\right)=\bar{R} \text { and } \\
p: \bar{R}=R \oplus\left(M_{e} / \operatorname{im}(P)\right) \rightarrow R
\end{gathered}
$$

be the canonical projections. We write $\bar{\epsilon}(a, x)=\overline{(a, x)}$. There is an action of $R \otimes R \otimes R^{o p}$ on $M_{e e}$ given by

$$
\begin{equation*}
(t \otimes s) \cdot u \cdot r=\widetilde{t s}(u \cdot r) \tag{6.2}
\end{equation*}
$$

which makes $M_{e e}$ an $R \otimes R \otimes R^{o p}$-module. We show the following theorem.

THEOREM 6.2. Given $(H, P, h)$ as above and a fuction $\Delta: R \times R \rightarrow M_{e}$ with $\Delta(0, b)=\Delta(1, b)=\Delta(a, 0)=\Delta(a, 1)=0$ the following two statements are equivalent.
(1) $\quad Q=\left(Q_{e} \xrightarrow{\bar{H}} M_{e e} \xrightarrow{\bar{P}} Q_{e}\right)$ is a square ring with

$$
\bar{H}(a, x)=h(a)+H(x) \quad \text { and } \quad \bar{P}(u)=(0, P(u))
$$

for $a \in R, x \in M_{e}$ and $u \in M_{e e}$ and multiplication $\circ$ of the monoid $Q_{e}$ given by

$$
(a, x) \circ(b, y)=(a b, x \cdot b+\tilde{a} * y+\Delta(a, b))
$$

for $a, b \in R, x, y \in M_{e}$, which yields a ring structure on $\bar{R}=R \oplus\left(M_{e} / \operatorname{im}(P)\right)=$ $Q_{e} / \operatorname{im}(\bar{P})$ as an extension of $R$ with the action of $\bar{R} \otimes \bar{R} \otimes \bar{R}{ }^{o p}$ on $M_{e e}$ through $p \otimes p \otimes p$.
(2) The data $(H, P, h, \Delta)$ satisfy the following conditions.
i) $\operatorname{Ph}(2)=0$,
ii) $\langle a \mid b\rangle_{h}=\tilde{a} \tilde{b} h(2)$,
iii) $\quad h(a \cdot b)+H(\Delta(a, b))=\tilde{a} \tilde{a} h(b)+h(a) \cdot b$,
iv) $\Delta(a, b) \cdot c+\Delta(a b, c)=\tilde{a} * \Delta(b, c)+\Delta(a, b c)$,
v) $\Delta(a, b+c)=\Delta(a, b)+\Delta(a, c)$,
vi) $\Delta(a+b, c)=\Delta(a, c)+\Delta(b, c)+\tilde{a} \tilde{b} P h(c)$.

We call the data $(H, P, h, \Delta)$ with the properties in the theorem a square extension.

Proof: Firstly, we observe the properties of the multiplication $\circ$ on $Q_{e}=$ $R \oplus M_{e}$.

$$
\begin{aligned}
& (a, x) \circ(1,0)=(a, x \cdot 1+\Delta(a, 1))=(a, x), \\
& (1,0) \circ(b, y)=(b, \tilde{1} * y+\Delta(1, b))=(b, y) .
\end{aligned}
$$

Thus $(1,0)$ gives the two-sided unit for $\circ$. The following equations illustrates the conditions for $\circ$ to satisfy the associativity law in $Q_{e}$.

$$
\begin{aligned}
& (a, x) \circ((b, y) \circ(c, z))=(a, x) \circ(b c, \tilde{b} * z+y \cdot c+\Delta(b, c)) \\
& \quad=(a b c, \tilde{a} *(\tilde{b} * z+y * c+\Delta(b, c))+x \cdot(b c)+\Delta(a, b c)) \\
& \quad=(a b c,(\tilde{a} \tilde{b}) * z+(\tilde{a} * y) \cdot c+x \cdot(b c)+\tilde{a} * \Delta(b, c)+\Delta(a, b c)), \\
& ((a, x) \circ(b, y)) \circ(c, z)=(a b, \tilde{a} * y+x \cdot b+\Delta(a, b)) \circ(c, z) \\
& \quad=(a b c,(\tilde{a} \tilde{b}) * z+(\tilde{a} * y) \cdot c+(x \cdot b) \cdot c+\Delta(a, b) \cdot c+\Delta(a b, c)) .
\end{aligned}
$$

Thus o gives a monoid structure on $Q_{e}$ if and only if the condition (2iv) is satisfied. Next we see $Q_{e} \circ \operatorname{im}(\bar{P}) \subset \operatorname{im}(\bar{P})$ and $\operatorname{im}(\bar{P}) \circ Q_{e} \subset \operatorname{im}(\bar{P})$. For $(a, x),(b, y) \in Q_{e}$ and $u \in M_{e e}$, we have the following equations by the definition of o :

$$
\begin{aligned}
& (a, x) \circ(0, P(u))=(0, \tilde{a} * P(u)+x \cdot 0+\Delta(a, 0))=(0, \tilde{a} \tilde{a} P(u))=\bar{P}(\tilde{a} \tilde{a} u), \\
& (0, P(u)) \circ(b, y)=(0, \tilde{0} * x+P(u) \cdot b+\Delta(0, b))=(0, P(u) \cdot b)=\bar{P}(u \cdot b) .
\end{aligned}
$$

Thus o induces a monoid structure also on $\bar{R}$ such that the canonical projection $\bar{\epsilon}: Q_{e} \rightarrow \bar{R}=Q_{e} / \operatorname{im}(\bar{P})$ preserves the monoid structures. Moreover the following
equations illustrates the conditions for o to satisfy the distributive laws in $Q_{e}$.

$$
\begin{aligned}
& ((a, x)+(b, y)) \circ(c, z)=(a+b, x+y) \circ(c, z) \\
& =((a+b) c, \widetilde{(a+b)} * z+(x+y) \cdot c+\Delta(a+b, c)) \\
& =(a c+b c,(\tilde{a}+\tilde{b}) * z+x \cdot c+y \cdot c+\Delta(a+b, c)) \\
& =(a c+b c, \tilde{a} * z+x \cdot c+\tilde{b} * z+y \cdot c+\Delta(a+b, c)+\tilde{a} \tilde{b} P H(z)), \\
& (a, x) \circ(c, z)+(b, y) \circ(c, z)=(a c, \tilde{a} * z+x \cdot c+\Delta(a, c))+(b c, \tilde{b} * z+y \cdot c+\Delta(b, c)) \\
& =(a c+b c, \tilde{a} * z+x \cdot c+\tilde{b} * z+y \cdot c+\Delta(a, c)+\Delta(b, c)), \\
& (a, x) \circ((b, y)+(c, z))=(a, x) \circ(b+c, y+z) \\
& =(a(b+c), \tilde{a} *(y+z)+x \cdot(b+c)+\Delta(a, b+c)) \\
& =(a b+a c, \tilde{a} * y+x \cdot b+\tilde{a} * z+x \cdot c+\Delta(a, b+c)) \\
& (a, x) \circ(b, y)+(a, x) \circ(c, z)=(a b, \tilde{a} * y+x \cdot b+\Delta(a, b))+(a c, \tilde{a} * z+x \cdot c+\Delta(a, c)) \\
& =(a b+a c, \tilde{a} * y+x \cdot b+\tilde{a} * z+x \cdot c+\Delta(a, b)+\Delta(a, c)) .
\end{aligned}
$$

Thus the multiplication $\circ$ gives a monoid structure in $Q_{e}$ with conditions (6) and (7) of Definition 2.2 if and only if the conditions (2v) and (2vi) are satisfied. Hence the conditions (2iv), (2v) and (2vi) imply that the multiplication $\circ$ induces a ring structure on $\bar{R}$ such that the canonical projection $p: \bar{R} \rightarrow R$ as well as $\bar{\epsilon}: Q_{e} \rightarrow \bar{R}$ preserves the ring structures, which induces an action of $\bar{R} \otimes \bar{R} \otimes \bar{R}^{o p}$ on $M_{e e}$ through $p \otimes p \otimes p: \bar{R} \otimes \bar{R} \otimes \bar{R}^{o p} \rightarrow R \otimes R \otimes R^{o p}:$ For any $\overline{(a, x)}, \overline{(b, y)} \in \bar{R}$, we have

$$
p(\overline{(a, x)} \circ \overline{(b, y)})=p(\overline{(a, x) \circ(b, y)})=p(\overline{(a b, x \cdot b+\tilde{a} * y+\Delta(a, b))})=a b
$$

Also the conditions (2iv), (2v) and (2vi) imply conditions (2), (3) and (4) of Definition 2.2:

$$
\begin{aligned}
& T T(u)=H P(T(u))-T(u) \\
& \quad=\bar{H} \bar{P}(H P(u)-u)-(H P(u)-u)=H P(u)-H P(u)+u=u, \\
& T((\overline{(a, x)} \otimes \overline{(b, y)}) \cdot u \cdot \overline{(c, z)})=T(\tilde{a} \tilde{b} u \cdot c)=H P(\tilde{a} \tilde{b} u \cdot c)-\tilde{a} \tilde{b} u \cdot c \\
& \quad=\tilde{a} \tilde{b} H P(u) \cdot c-\tilde{a} \tilde{b} u \cdot c=\tilde{a} \tilde{b}(H P(u)-u) \cdot c=\tilde{b} \tilde{a} T(u) \cdot c=(\overline{(b, y)} \otimes \overline{(a, x)}) \cdot \bar{T}(u) \cdot \overline{(c, z)}, \\
& \bar{P}(u \cdot \overline{(a, x)})=(0, P(u \cdot a))=(0, P(u) \cdot a)=\bar{P}(u) \cdot \overline{(a, x)}, \\
& \bar{P}(\overline{((a, x)} \otimes \overline{(a, x)}) \cdot u)=(0, P(\tilde{a} \tilde{a} u))=(0, \tilde{a} \tilde{a} P(u))=(0, \tilde{a} * P(u))=(a, x) \circ \bar{P}(u),
\end{aligned}
$$

where $T=\bar{H} \bar{P}-1=H P-1$. Thus the conditions (2), (3), (4), (6) and (7) of Definition 2.2 are satisfied with inducing a ring structure on $\bar{R}$ with an action on $M_{e e}$ via $p \otimes p \otimes p$ if and only if o gives a multiplication with the conditions (2iv) (2v) and (2vi).

Secondly, Proposition 6.1 shows that the conditions (2i) and (2ii) are necessary and sufficient conditions for $Q_{e}$ to be square group satisfying the condition (1) of Definition 2.2, since we have

$$
\begin{aligned}
& \langle(a, x) \mid(b, y)\rangle_{\bar{H}}=\bar{H}((a, x)+(b, y))-\bar{H}(a, x)-\bar{H}(b, y) \\
& \quad=\bar{H}(a+b, x+y)-\bar{H}(a, x)-\bar{H}(b, y) \\
& \quad=h(a+b)+H(x+y)-H(x)-h(a)-H(y)-h(b) \\
& \quad=\langle a \mid b\rangle_{h}=\tilde{a} \tilde{b} h(2)=\tilde{a} \tilde{b} \bar{H}(2),
\end{aligned}
$$

if (2ii) is satisfied.

Finally, the condition (2iii) is equivalent to the condition (5) of Definition 2.2, since

$$
\begin{aligned}
& \bar{H}((a, x) \circ(b, y))=\bar{H}(a b, x \cdot b+\tilde{a} * y+\Delta(a, b)) \\
& \quad=h(a b)+H(x) \cdot b+H(\tilde{a} * y)+H(\Delta(a, b)) \\
& \quad=h(a b)+H(\Delta(a, b))+\tilde{a} \tilde{a} H(y)+H(x) \cdot b \\
& (\overline{(a, x)} \otimes \overline{(a, x)}) \cdot \bar{H}(b, y)+\bar{H}(a, x) \cdot \overline{(b, y)}=\tilde{a} \tilde{a}(h(b)+H(y))+(h(a)+H(x)) \cdot \overline{(b, y)} \\
& \quad=\tilde{a} \tilde{a} h(b)+h(a) \cdot b+\tilde{a} \tilde{a} H(y)+H(x) \cdot b
\end{aligned}
$$

This completes the proof of the theorem.
qed.

## 7. The square ring $Q(M, \lambda, \mu, k)$

For $k \geq 1$ let $R=\mathbb{Z} \times{ }_{k} \mathbb{Z}$ be the subring of $\mathbb{Z} \times \mathbb{Z}$ consisting of all pairs $a=\left(a_{0}, a_{1}\right)$ with $a_{0}-a_{1} \equiv 0 \bmod k$. This is the pull back ring of $\mathbb{Z} \longrightarrow \mathbb{Z} / k \longleftarrow \mathbb{Z}$. Then $\eta(\ell)=(\ell, \ell) \in \mathbb{Z} \times{ }_{k} \mathbb{Z}=R$ gives the unit $1=\eta(1)=(1,1)$. The augmentation $\epsilon: R=\mathbb{Z} \times_{k} \mathbb{Z} \longrightarrow \mathbb{Z}$ is defined by $\epsilon(a)=a_{0}$ for $a=\left(a_{0}, a_{1}\right)$. A free $\mathbb{Z}$-basis of $R=\mathbb{Z} \times{ }_{k} \mathbb{Z} \cong \mathbb{Z} \oplus \mathbb{Z}$ is given by 1 and $\bar{k}$ where $\bar{k}=(0, k)$ a generator of $\operatorname{ker}(\epsilon)$.

Proposition 7.1. $\quad$ Let $M=\left(M_{e} \xrightarrow{H} M_{e e} \xrightarrow{P} M_{e}\right)$ be a quadratic $\mathbb{Z}$-module. Also let $k \in \mathbb{N}$ and $\lambda, \mu \in M_{e e}$ with relations $P(\lambda)=0$ and $H P(\mu)=2 \mu+k \lambda$ be given. Then we obtain a square extension $(H, P, h, \Delta)$ as follows. Let
(1) the right action of $R$ on $M_{e}$ and $M_{e e}$ be the multiplication given as $x \cdot\left(a_{0}, a_{1}\right)=a_{1} x$ so that the homomorphisms $H$ and $P$ are $R$-linear and
(2) $h: \mathbb{Z} \times_{k} \mathbb{Z} \longrightarrow M_{e e}$ be the unique quadratic function satisfying

$$
\left\{\begin{array}{l}
h(1)=0, \quad h(\bar{k})=\mu, \\
\langle a \mid b\rangle_{h}=a_{0} b_{0} \lambda
\end{array}\right.
$$

for $a, b \in \mathbb{Z} \times_{k} \mathbb{Z}$. Moreover let
(3) $\Delta:\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \times\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \longrightarrow M_{e}$ be defined by

$$
\begin{equation*}
\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right)=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P(\mu) . \tag{7.1}
\end{equation*}
$$

Since $(H, P, h, \Delta)$ is a square extension we thus obtain by theorem 6.2 the well defined square ring

$$
Q(M, \lambda, \mu, k)=\left(\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \oplus M_{e} \xrightarrow{\bar{H}} M_{e e} \xrightarrow{\bar{P}}\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \oplus M_{e}\right)
$$

which coincides with Definition 3.4.
Proof: One can easily check all the necessary conditions as follows. Firstly we give the following relations which makes our computations easy.

$$
\begin{aligned}
& h\left(a_{0}, a_{1}\right)=\frac{a_{0}\left(a_{0}-1\right)}{2} \lambda+\frac{a_{1}-a_{0}}{k} \mu, \quad \text { and } \\
& h(2)=h(2,2)=\lambda \quad \text { and } \quad \operatorname{Ph}\left(a_{0}, a_{1}\right)=\frac{a_{1}-a_{0}}{k} P(\mu) .
\end{aligned}
$$

Then Definition $6.2(2 \mathrm{i})$ and $6.2(2 \mathrm{ii})$ are obtained by the equations $P(h(2))=$ $P(\lambda)=0$ and $\langle a \mid b\rangle_{h}=a_{0} b_{0} \lambda=a_{0} b_{0} h(2)$.

Definition $6.2(2 \mathrm{iii})$ is obtained as follows.

$$
\begin{aligned}
& \widetilde{\left(a_{0}, a_{1}\right)} \widetilde{\left(a_{0}, a_{1}\right) h\left(b_{0}, b_{1}\right)+h\left(a_{0}, a_{1}\right) \cdot\left(b_{0}, b_{1}\right)=a_{0}{ }^{2} h\left(b_{0}, b_{1}\right)+b_{1} h\left(a_{0}, a_{1}\right)} \\
& \quad=a_{0}{ }^{2} \frac{b_{0}\left(b_{0}-1\right)}{2} \lambda+a_{0}{ }^{2} \frac{b_{1}-b_{0}}{k} \mu+\frac{a_{0}\left(a_{0}-1\right)}{2} b_{1} \lambda+\frac{a_{1}-a_{0}}{k} b_{1} \mu \\
& \quad=\frac{a_{0}{ }^{2} b_{0}\left(b_{0}-1\right)}{2} \lambda+\frac{a_{0}\left(a_{0}-1\right)}{2} b_{0} \lambda+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} k \lambda+\frac{a_{0}{ }^{2}\left(b_{1}-b_{0}\right)+\left(a_{1}-a_{0}\right) b_{1}}{k} \mu \\
& \quad=\frac{a_{0}{ }^{2} b_{0}{ }^{2}-a_{0} b_{0}}{2} \lambda+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k}(H P(\mu)-2 \mu)+\frac{a_{0}{ }^{2}\left(b_{1}-b_{0}\right)+\left(a_{1}-a_{0}\right) b_{1}}{k} \mu \\
& \quad=\frac{\left(a_{0} b_{0}\right)^{2}-a_{0} b_{0}}{2} \lambda+\frac{a_{1} b_{1}-a_{0} b_{0}}{k} \mu+H\left(\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P(\mu)\right) \\
& \quad=h\left(\left(a_{0} b_{0}, a_{1} b_{1}\right)\right)+H\left(\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right)\right)=h\left(\left(a_{0}, a_{1}\right) \cdot\left(b_{0}, b_{1}\right)\right)+H\left(\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right)\right) .
\end{aligned}
$$

Definition 6.2(2iv) is obtained as follows.

$$
\begin{aligned}
& \Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right) \cdot\left(c_{0}, c_{1}\right)+\Delta\left(\left(a_{0}, a_{1}\right)\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right) \\
& \quad=c_{1} \frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P(\mu)+\frac{a_{0} b_{0}\left(a_{0} b_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu) \\
& \quad=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right) c_{1}+a_{0} b_{0}\left(a_{0} b_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu),
\end{aligned}
$$

and hence

$$
\begin{aligned}
& \left.\widetilde{\left(a_{0}, a_{1}\right)}\right) * \Delta\left(\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right)+\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\left(c_{0}, c_{1}\right)\right) \\
& \quad=a_{0} *\left(\frac{b_{0}\left(b_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu)\right)+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1} c_{1}-b_{0} c_{0}\right)}{2 k} P(\mu) \\
& \quad=\frac{a_{0} a_{0} b_{0}\left(b_{0}-1\right)\left(c_{1}-c_{0}\right)+a_{0}\left(a_{0}-1\right)\left(b_{1} c_{1}-b_{0} c_{0}\right)}{2 k} P(\mu) \\
& \quad=\frac{a_{0} b_{0}\left(a_{0} b_{0}-1\right)\left(c_{1}-c_{0}\right)+a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right) c_{1}}{2 k} P(\mu) \\
& \quad=\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right) \cdot\left(c_{0}, c_{1}\right)+\Delta\left(\left(a_{0}, a_{1}\right)\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right) .
\end{aligned}
$$

Definition $6.2(2 \mathrm{v})$ is obtained as follows.
$\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)+\left(c_{0}, c_{1}\right)\right)=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}+c_{1}-b_{0}-c_{0}\right)}{2 k} P(\mu)$,
and hence

$$
\begin{aligned}
& \Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)\right)+\Delta\left(\left(a_{0}, a_{1}\right),\left(c_{0}, c_{1}\right)\right)=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P(\mu)+\frac{a_{0}\left(a_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu) \\
& \quad=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)+a_{0}\left(a_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu)=\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}+c_{1}-b_{0}-c_{0}\right)}{2 k} P(\mu) \\
& \quad=\Delta\left(\left(a_{0}, a_{1}\right),\left(b_{0}, b_{1}\right)+\left(c_{0}, c_{1}\right)\right) .
\end{aligned}
$$

Definition $6.2(2 \mathrm{vi})$ is obtained as follows.

$$
\begin{aligned}
\Delta\left(\left(a_{0}\right.\right. & \left.\left., a_{1}\right)+\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right)=\Delta\left(\left(a_{0}+b_{0}, a_{1}+b_{1}\right),\left(c_{0}, c_{1}\right)\right) \\
& =\frac{\left(a_{0}+b_{0}\right)\left(a_{0}+b_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu) \\
& =\frac{a_{0}\left(a_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu)+\frac{b_{0}\left(b_{0}-1\right)\left(c_{1}-c_{0}\right)}{2 k} P(\mu)+\frac{2 a_{0} b_{0}\left(c_{1}-c_{0}\right)}{2 k} P(\mu) \\
& =\Delta\left(\left(a_{0}, a_{1}\right),\left(c_{0}, c_{1}\right)\right)+\Delta\left(\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right)+a_{0} b_{0} \frac{\left(c_{1}-c_{0}\right)}{k} P(\mu) \\
& =\Delta\left(\left(a_{0}, a_{1}\right),\left(c_{0}, c_{1}\right)\right)+\Delta\left(\left(b_{0}, b_{1}\right),\left(c_{0}, c_{1}\right)\right)+a_{0} b_{0} P\left(h\left(c_{0}, c_{1}\right)\right)
\end{aligned}
$$

qed.

## 8. Proof of Lemma 3.3

Now let $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$ be an element as in (1.4) which induces the following cofibration sequence.

$$
S^{n-2} \xrightarrow{\alpha} S^{m-1} \xrightarrow{i} C_{\alpha} \xrightarrow{j} S^{n-1} .
$$

We give here a picture of related maps and Hopf invariants.

where deg : $\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \rightarrow \operatorname{End}\left(H^{m}\left(\Sigma C_{\alpha}\right)\right) \times \operatorname{End}\left(H^{n}\left(\Sigma C_{\alpha}\right)\right)=\mathbb{Z} \times \mathbb{Z}$ and $\operatorname{deg}_{2}$ : $\pi_{n}\left(\Sigma C_{\alpha}\right) \rightarrow \operatorname{Hom}\left(H^{n}\left(S^{n}\right), H^{n}\left(\Sigma C_{\alpha}\right)\right)=\mathbb{Z}$ is taking the degree of a map. We remark that the EHP sequences as rows are exact, when $n<3 m-3$ by Toda [ $\mathbf{T}$ ] with $H_{0}$ and $H_{\alpha}$ the Hilton-Hopf invariants.

Proposition 8.1. The homomorphism deg has its image in the pull back ring $R=\mathbb{Z} \times{ }_{k} \mathbb{Z}$, where $k$ is the order of the suspension element $\Sigma \alpha$ in the group $\pi_{n-1}\left(S^{m}\right)$.

Proof: A map $f: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha}$ with $\operatorname{deg}(f)=\left(d_{0}, d_{1}\right)$ induces the commutative diagram


Thus we have $d_{1} \Sigma \alpha=\Sigma \alpha \circ d_{1} \iota_{n-1}=d_{0} \iota_{m} \circ \Sigma \alpha=d_{0} \Sigma \alpha$, and hence $\left(d_{1}-d_{0}\right) \Sigma \alpha=0$, $d_{1}-d_{0} \equiv 0 \bmod k$.

Lemma 8.2. Let $\alpha \in \pi_{n-2}\left(S^{m-1}\right)$. If $k \Sigma \alpha=0$, then for any choice of an element $\mu_{1} \in \pi_{n-2}\left(S^{2 m-3}\right)$ with $\left[\iota_{m-1}, \iota_{m-1}\right]_{*} \mu_{1}=-k \alpha$, we can find out an element $\mu_{0} \in \pi_{n}\left(\Sigma C_{\alpha}\right)$ with $H_{\alpha}\left(\mu_{0}\right)=\Sigma^{2} \mu_{1}$ and $\operatorname{deg}_{2}\left(\mu_{0}\right)=k$, i.e. the degree of $\mu_{0 *}: H_{n}\left(S^{n} ; \mathbb{Z}\right) \rightarrow H_{n}\left(\Sigma C_{\alpha} ; \mathbb{Z}\right)$ is $k$.

Proof: We use the exact sequences of homotopy groups associated to the pairs $\left(\Omega S^{m}, S^{m-1}\right)$ and $\left(\Omega \Sigma C_{\alpha}, C_{\alpha}\right)$, since there is the following commutative diagram (see $[\mathbf{W}]$ and $[\mathbf{B 1}]$ ).

where $J_{2}\left(S^{m-1}\right)_{*}$ and $J_{2}\left(C_{\alpha}\right)_{*}$ are surjective. Then we see that it is sufficient to show the existence of elements $\mu_{1} \in \pi_{n-2}\left(S^{2 m-3}\right)$ and $\mu_{0} \in \pi_{n}\left(\Sigma C_{\alpha}\right)$ with $\left[\iota_{m-1}, \iota_{m-1}\right]_{*} \mu_{1}=-k \alpha, H_{\alpha}\left(\mu_{0}\right)=\Sigma^{2} \mu_{1}$ and $\operatorname{deg}_{2}\left(\mu_{0}\right)=k$. In fact, for any other element $\mu_{1}^{\prime} \in \pi_{n-2}\left(S^{2 m-3}\right)$ with $\left[\iota_{m-1}, \iota_{m-1}\right]_{*} \mu_{1}^{\prime}=-k \alpha$, there is an element $\mu_{2}^{\prime} \in \pi_{n-1}\left(\Omega S^{m}, S^{m-1}\right)$ with $J_{2}\left(S^{m-1}\right)_{*} \mu_{2}^{\prime}=\Sigma^{2} \mu_{1}^{\prime}$, and hence $\hat{P}_{0}\left(\mu_{2}^{\prime}\right)=-k \alpha=$ $\hat{P}_{0} \hat{H}_{\alpha}\left(\mu_{0}\right)$. Then we can take an element $\gamma \in \pi_{n}\left(S^{m}\right)$ with $\mu_{2}^{\prime}=\hat{H}_{\alpha}\left(\mu_{0}\right)+H_{0}(\gamma)=$ $\hat{H}_{\alpha}\left(\mu_{0}+\gamma\right)$. By putting $\mu_{0}^{\prime}=\mu_{0}+\gamma \in \pi_{n-1}\left(C_{\alpha}\right)$, we get $H_{\alpha}\left(\mu_{0}^{\prime}\right)=\Sigma^{2}\left(\mu_{1}^{\prime}\right)$ with $\operatorname{deg}_{2}\left(\mu_{0}^{\prime}\right)=k$.

Since the order of $\Sigma \alpha$ is $k \geq 1$, we have $\hat{E}_{0}(k \alpha)=0$, and hence there is an extension $\widehat{k \alpha}:\left(C\left(S^{n-2}\right), S^{n-2}\right) \rightarrow\left(\Omega S^{m}, S^{m-1}\right)$ of $k \alpha$. Let $H:\left(C\left(S^{n-2}\right), S^{n-2}\right) \rightarrow$ $\left(C_{\alpha}, S^{m-1}\right)$ be a relative homeomorphism giving a null-homotopy of $\alpha$. By adding $k$-copies of $H$, we obtain a null-homotopy $k H:\left(C\left(S^{n-2}\right), S^{n-2}\right) \rightarrow\left(C_{\alpha}, S^{m-1}\right)$ of $k \alpha$ which gives the commutative diagram

where the two columns are the canonical collapsions. Since the two maps $\widehat{k \alpha}$ and $k H$ coincide on $S^{n-2}$, by gluing $-\widehat{k \alpha}$ with the direction altered to $k H: 0 \rightarrow k \alpha$ we get a new map

$$
\mu_{0}=k H-\widehat{k \alpha}: S^{n-1} \rightarrow \Omega \Sigma S^{m-1} \cup C_{\alpha} \subset \Omega \Sigma C_{\alpha}
$$

which gives the following diagram commutative up to homotopy.


By taking the adjoint we get $\mu_{0} \in \pi_{n-1}\left(\Omega \Sigma C_{\alpha}\right)$ as an element in $\pi_{n}\left(\Sigma C_{\alpha}\right)$. Then by the definition of Hilton-Hopf invariant $H_{0}, H_{0}\left(\mu_{0}\right)=\mu_{0}$.

Next we show the following Propositions.
Proposition 8.3. There is a central extension

$$
0 \longrightarrow \pi_{n}\left(S^{m}\right) / U_{\alpha} \longrightarrow\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \xrightarrow{\text { deg }} \mathbb{Z} \times_{k} \mathbb{Z} \longrightarrow 0
$$

where the subgroup $U_{\alpha}$ of $\pi_{n}\left(S^{m}\right)$ is generated by the elements $\eta_{m}\left(\Sigma^{2} \alpha\right)$ and $(\Sigma \alpha) \eta_{n-1}$ with $\eta_{t}=\Sigma^{t-2} \eta \in \pi_{t+1}\left(S^{t}\right)$ the Hopf element, $t \geq 2$.

Proof: Since $\mathbb{Z} \times_{k} \mathbb{Z} \cong \mathbb{Z}\{(1,1)\} \oplus \mathbb{Z}\{(0, k)\}$ as modules, deg is surjective by Lemma 8.2.

Let $f: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha}$ be an element in ker deg. Then $f \circ \Sigma i: S^{m} \rightarrow S^{m}$ must be trivial, since $\operatorname{deg}(f)=(0,0)$. Hence there exists a map $f_{1}: S^{n} \rightarrow \Sigma C_{\alpha}$ such that $f \sim f_{1} \circ \Sigma j$. We also see that $\Sigma j \circ f: S^{n} \rightarrow S^{n}$ is trivial. Hence there exists a map $f_{0}: S^{n} \rightarrow S^{m}$ such that $f_{1} \sim \Sigma i \circ f_{0}$ and $f \sim \Sigma i \circ f_{0} \circ \Sigma j$. Conversely, an element $f_{0}: S^{n} \rightarrow S^{m}$ induces $\Sigma i \circ f_{0} \circ \Sigma j: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha}$ which is in ker deg. Thus we have a short exact sequence

$$
\begin{equation*}
0 \longrightarrow \operatorname{im}\left(\Sigma j^{*} \circ \Sigma i_{*}\right) \longrightarrow\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \xrightarrow{\text { deg }} \mathbb{Z} \times_{k} \mathbb{Z} \longrightarrow 0 \tag{8.2}
\end{equation*}
$$

and an isomorphism $\operatorname{im}\left(\Sigma j^{*} \circ \Sigma i_{*}\right) \cong \pi_{n}\left(S^{m}\right) / \operatorname{ker} \Sigma j^{*} \circ \Sigma i_{*}$. Since $S^{n}=\Sigma C_{\alpha} / S^{m}$ co-acts on $\Sigma C_{\alpha}$, the image im $\Sigma j^{*}$ is in the center of [ $\Sigma C_{\alpha}, \Sigma C_{\alpha}$ ], and hence so is $\operatorname{im}\left(\Sigma j^{*} \circ \Sigma i_{*}\right)$. Thus the short exact sequence (8.2) is a central extension.

So we are left to show that $\operatorname{ker} \Sigma j^{*} \circ \Sigma i_{*}=U_{\alpha}$. Let $g$ be an element in $\operatorname{ker} \Sigma j^{*} \circ \Sigma i_{*}$, i.e, $\Sigma i \circ g \circ \Sigma j \sim 0$. Let us consider the diagram

with cofibration rows. Let $F_{\Sigma i} \xrightarrow{\widehat{\Delta i}} S^{m}$ denote the homotopy fibre of $\Sigma i$ with CW decomposition

$$
F_{\Sigma i} \simeq S^{n-1} \cup(\text { cells in dimension } \geq n+m-2>n)
$$

where $\left.\widehat{\Sigma i}\right|_{S^{n-1}}=\Sigma \alpha$. Since $\Sigma i \circ g \circ \Sigma j \sim 0$, there is a map $g_{0}: \Sigma C_{\alpha} \rightarrow F_{\Sigma i}$ whose image is in $S^{n-1} \subset F_{\Sigma i}$ such that $g \circ \Sigma j \sim \widehat{\Sigma i} \circ g_{0}$. For the dimensional reasons,
we can take an element $x \eta_{n-1} \in \pi_{n}\left(S^{n-1}\right)$ such that $g_{0} \sim x \eta_{n-1} \circ \Sigma j$, and hence $g \circ \Sigma j \sim x \Sigma \alpha \circ \eta_{n-1} \circ \Sigma j$. Thus we get that $\left(g-x \Sigma \alpha \circ \eta_{n-1}\right) \circ \Sigma j \sim 0$. Then there exists an element $y \eta_{m} \in \pi_{m+1}\left(S^{m}\right)$ such that $g-x \eta_{n-1} \sim y \eta_{m}$, and hence $g$ is in $U_{\alpha}$. This implies that $\operatorname{ker} \Sigma j^{*} \circ \Sigma i_{*} \subseteq U_{\alpha}$. The converse is clear.

Proposition 8.4. The epimorphism deg has a splitting homomorphism $s$ : $\mathbb{Z} \times_{k} \mathbb{Z} \rightarrow\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right]$ given by the following formula.

$$
s\left(a_{0}, a_{1}\right)=a_{0} \iota_{\alpha}+\frac{\left(a_{1}-a_{0}\right)}{k} \mu_{0} \circ \Sigma j
$$

Proof: Since $s(1,1)=\iota_{\alpha}$ and $s(0, k)=\mu_{0} \circ \Sigma j$, it is sufficient to show that $\iota_{\alpha}$ and $\mu_{0} \circ \Sigma j$ commutes up to homotopy. To see this, we take adjoint maps of them. The adjoint of the identity $\iota_{\alpha}$ is the canonical inclusion $\widehat{\iota_{\alpha}}: C_{\alpha} \hookrightarrow \Omega \Sigma C_{\alpha}$ and the adjoint of $\mu_{0} \circ \Sigma j$ is described as a composition $\widehat{\mu_{0}} \circ j$ where $\widehat{\mu_{0}}: S^{n-1} \rightarrow \Omega \Sigma C_{\alpha}$ is the adjoint of $\mu_{0}$. Also the adjoint of the commutator of $\iota_{\alpha}$ and $\mu_{0} \circ \Sigma j$ is given, up to sign, by the composition

$$
\left\langle\widehat{\iota_{\alpha}}, \widehat{\mu_{0}} \circ j\right\rangle: C_{\alpha} \xrightarrow{\bar{\Delta}} C_{\alpha} \wedge C_{\alpha} \xrightarrow{1 \wedge j} C_{\alpha} \wedge S^{n-1} \xrightarrow{\widehat{\iota_{\alpha}} \wedge \widehat{\mu_{0}}} \Omega \Sigma C_{\alpha} \wedge \Omega \Sigma C_{\alpha} \xrightarrow{c} \Omega \Sigma C_{\alpha},
$$

where $\bar{\Delta}: C_{\alpha} \rightarrow C_{\alpha} \wedge C_{\alpha}$ is the reduced diagonal map and $c$ denotes the commutator of the first and second projections $\Omega \Sigma C_{\alpha} \times \Omega \Sigma C_{\alpha} \rightarrow \Omega \Sigma C_{\alpha}$. Since $C_{\alpha}$ is of dimension $n-1<n+m-2$, we can compress $\bar{\Delta}$ into a subspace $S^{m-1} \wedge S^{m-1}$ which is collapsed in $C_{\alpha} \wedge S^{n-1}$. Thus we have $\left\langle\widehat{\iota_{\alpha}}, \widehat{\mu_{0}} \circ j\right\rangle \sim 0$, and hence $\iota_{\alpha}$ and $\mu_{0} \circ \Sigma j$ are commutative up to homotopy.
qed.
Corollary 8.5. The group $\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right]$ is an abelian group isomorphic with $\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \times\left(\pi_{n}\left(S^{m}\right) / U_{\alpha}\right)$.

Proof: Let $\phi:\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \times\left(\pi_{n}\left(S^{m}\right) / U_{\alpha}\right) \rightarrow\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right]$ be the homomorphism given by

$$
\phi(a, x)=s(a)+\Sigma j^{*} \circ \Sigma i_{*}(x)
$$

Then by Propositions 8.3 and 8.4, one can easily see that $\phi$ is an isomorphism of groups. Thus the group [ $\Sigma C_{\alpha}, \Sigma C_{\alpha}$ ] is an abelian group isomorphic with $\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \times$ $\left(\pi_{n}\left(S^{m}\right) / U_{\alpha}\right)$.
qed.
Thus for any choice of the data $\lambda, \mu$ in (3.1), the homomorphism $s$ given in Proposition 8.4 gives a splitting of the homomorphism $\operatorname{deg}:\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \rightarrow R$ of abelian groups. We summarise the results obtained in this section as follows.
Lemma 3.3 For the square ring $\operatorname{End}\left(\Sigma C_{\alpha}\right)$ given by (1.2) and for the data ( $M, \lambda, \mu, k$ ) in (3.1) one gets a commutative diagram

where the column $M_{e} \stackrel{i}{\hookrightarrow}\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right] \xrightarrow{\text { deg }} R$ is a split short exact sequence of abelian groups. For a splitting s of deg, let $h=\bar{H} s$. We can choose $s$ such that $s(1)=\iota_{\alpha}$
is the identity of $\Sigma C_{\alpha}$ and $s(\bar{k})=\mu_{0}$ such that $\bar{H}\left(\mu_{0}\right)=h(\bar{k})=\mu$ and $\bar{H}(1+1)=$ $h(1+1)=\lambda$.

## 9. Proof of Theorem 3.2

Using Lemma 3.3 with notations in (3.1), we show Theorem 3.2
Proposition 9.1. We have the following formulae for any $\ell \in \mathbb{Z}, f, f^{\prime} \in$ [ $\Sigma C_{\alpha}, \Sigma C_{\alpha}$ ] and $g, g^{\prime} \in \pi_{n}\left(\Sigma C_{\alpha}\right)$.
(1) $(f+(g \circ \Sigma j)) \circ f^{\prime}=f \circ f^{\prime}+(g \circ \Sigma j) \circ f^{\prime}$.
(2) $f \circ s(\ell, \ell)=\ell f$.
(3) $s(\ell, \ell) \circ\left(g^{\prime} \circ \Sigma j\right)=\ell g^{\prime} \circ \Sigma j+\frac{\ell(\ell-1)}{2} \bar{P} \bar{H}\left(g^{\prime} \circ \Sigma j\right)$.
(4) $(g \circ \Sigma j) \circ\left(g^{\prime} \circ \Sigma j\right)=\left(\operatorname{deg}_{2} g^{\prime}\right) g \circ \Sigma j$.

Proof: Firstly we show the formula (1). By a Hilton-Milnor theorem with $n \leq 3 m-3$ (see $[\mathbf{W}]$ ), we have

$$
\begin{aligned}
& (f+(g \circ \Sigma j)) \circ f^{\prime}=f \circ f^{\prime}+(g \circ \Sigma j) \circ f^{\prime}+[f, g \circ \Sigma j] \circ H_{\alpha}\left(f^{\prime}\right), \\
& {[f, g \circ \Sigma j] \circ H_{\alpha}\left(f^{\prime}\right)=[f, g] \circ\left(\Sigma \iota_{\alpha} \wedge j\right) \circ(\Sigma i \wedge i) \circ H_{\alpha}\left(f^{\prime}\right)=0 .}
\end{aligned}
$$

Secondly we show the formula (2). For a map $f: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha}$, we have $f \circ s(\ell, \ell)=f \circ\left(\ell \iota_{\alpha}\right)=f \circ\left(\iota_{\alpha}+\cdots \iota_{\alpha}\right)=f+\cdots+f=\ell f$.

Thirdly we show the formula (3). For $\ell=2$, a Hilton-Milnor theorem with $n \leq 3 m-3$ (see [W]) implies

$$
2 \iota_{\alpha} \circ\left(g^{\prime} \circ \Sigma j\right)=2 g^{\prime} \circ \Sigma j+\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}\left(g^{\prime} \circ \Sigma j\right)=2 g \circ \Sigma j+\bar{P} \bar{H}\left(g^{\prime} \circ \Sigma j\right),
$$

By the induction on $\ell \geq 2$, we get the desired formula (3).
We show the last formula (4). We have $(g \circ \Sigma j) \circ\left(g^{\prime} \circ \Sigma j\right)=g \circ\left(\Sigma j \circ g^{\prime} \circ \Sigma j\right)=$ $g \circ\left(\left(\operatorname{deg}_{2} g^{\prime}\right) \iota_{n}\right)=\left(\operatorname{deg}_{2} g^{\prime}\right) f$.

Corollary 9.2. The splitting $s: \mathbb{Z} \times_{k} \mathbb{Z} \rightarrow\left[\Sigma C_{\alpha}, \Sigma C_{\alpha}\right]$ satisfies the following formulae.
(1) $(g \circ \Sigma j) \circ s\left(a_{0}, a_{1}\right)=a_{1}(g \circ \Sigma j)$, where $g$ is in $\pi_{n}\left(\Sigma C_{\alpha}\right)$ or $\pi_{n}\left(\Sigma C_{\alpha} \wedge C_{\alpha}\right)$.
(2) $s\left(a_{0}, a_{1}\right) \circ s\left(b_{0}, b_{1}\right)=s\left(a_{0} b_{0}, a_{1} b_{1}\right)+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)$.

Proof: The formula (1) is clear by the proof of Proposition 9.1 (4). So we show the formula (2) using Proposition 9.1 (1) through (4).

$$
\begin{aligned}
& s\left(a_{0}, a_{1}\right) \circ s\left(b_{0}, b_{1}\right)=s\left(a_{0}, a_{1}\right) \circ\left(s\left(b_{0}, b_{0}\right)+s\left(0, b_{1}-b_{0}\right)\right) \\
& \quad=s\left(a_{0}, a_{1}\right) \circ s\left(b_{0}, b_{0}\right)+s\left(a_{0}, a_{1}\right) \circ s\left(0, b_{1}-b_{0}\right) \\
& \quad=b_{0} s\left(a_{0}, a_{1}\right)+\left(s\left(a_{0}, a_{0}\right)+s\left(0, a_{1}-a_{0}\right)\right) \circ s\left(0, b_{1}-b_{0}\right) \\
& \quad=b_{0} s\left(a_{0}, a_{1}\right)+s\left(a_{0}, a_{0}\right) \circ s\left(0, b_{1}-b_{0}\right)+s\left(0, a_{1}-a_{0}\right) \circ s\left(0, b_{1}-b_{0}\right) \\
& \quad=s\left(a_{0} b_{0}, a_{1} b_{0}\right)+a_{0} s\left(0, b_{1}-b_{0}\right)+\frac{b_{1}-b_{0}}{k} s\left(a_{0}, a_{0}\right) \circ s(0, k)+\left(b_{1}-b_{0}\right) s\left(0, a_{1}-a_{0}\right) \\
& \quad=s\left(a_{0} b_{0}, a_{1} b_{1}\right)+\frac{\left(b_{1}-b_{0}\right)}{k}\left(\frac{a_{0}\left(a_{0}-1\right)}{2} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)\right) \\
& \quad=s\left(a_{0} b_{0}, a_{1} b_{1}\right)+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)
\end{aligned}
$$

For the two elements $\bar{H}\left(2 \iota_{\alpha}\right), H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j \in\left[\Sigma C_{\alpha}, \Sigma C_{\alpha} \wedge C_{\alpha}\right]$, the following holds.

Proposition 9.3.
(1) $\bar{H}\left(2 \iota_{\alpha}\right)=\Sigma^{2} H(\alpha)$ where $\iota_{\alpha}: C_{\alpha} \rightarrow C_{\alpha}$ denotes the identity.
(2) $\bar{P} \bar{H}\left(2 \iota_{\alpha}\right)=0$.
(3) $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j+k \bar{H}\left(2 \iota_{\alpha}\right)$.
i) $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=0$ and $2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j+k \bar{H}\left(2 \iota_{\alpha}\right)=0$ when $m$ is odd.
ii) $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=2 \bar{H}\left(\mu_{0}\right) \circ \Sigma j$ and $k \bar{H}\left(2 \iota_{\alpha}\right)=0$ when $m$ is even.

Proof: Firstly we show (1). By a Hilton-Milnor theorem with $n \leq 3 m-3$ (see $[\mathbf{W}]$ ), we have

$$
\left(\iota_{1}+\iota_{2}\right) \circ\left(2 \iota_{\alpha}\right)=\iota_{1} \circ\left(2 \iota_{\alpha}\right)+\iota_{2} \circ\left(2 \iota_{\alpha}\right)+\left[\iota_{1}, \iota_{2}\right] \circ \bar{H}\left(2 \iota_{\alpha}\right),
$$

where $\iota_{t}: \Sigma C_{\alpha} \rightarrow \Sigma C_{\alpha} \vee \Sigma C_{\alpha}$ is the inclusion to the $t$-th factor. Since $\left[\iota_{1}, \iota_{2}\right] \circ \bar{H}\left(2 \iota_{\alpha}\right)$ is in the center of the group [ $\Sigma C_{\alpha}, \Sigma C_{\alpha} \vee \Sigma C_{\alpha}$ ] for dimensional reasons, we have the relation

$$
\iota_{1}+\iota_{2}-\iota_{1}-\iota_{2}=\left[\iota_{2}, \iota_{1}\right] \circ \bar{H}\left(2 \iota_{\alpha}\right)
$$

The adjoint of $\left[\iota_{2}, \iota_{1}\right]$ is given by a Samelson product (commutator) $c_{\alpha}: C_{\alpha} \wedge C_{\alpha} \rightarrow$ $\Omega \Sigma C_{\alpha}$ of the adjoints of $\iota_{1}$ and $\iota_{2}$. Also the adjoint of $\iota_{1}+\iota_{2}-\iota_{1}-\iota_{2}$ is given by the composition of the commutator $c_{\alpha}$ with reduced diagonal map $\hat{\Delta}_{2}: C_{\alpha} \rightarrow$ $C_{\alpha} \wedge C_{\alpha}$ which is given by the suspension of the Hilton-Hopf invariant $H_{0}(\alpha)$ (see Theorem 5.14 of Boardmann and Steer [BS]). Thus we have $\left[\iota_{2}, \iota_{1}\right] \circ \Sigma^{2} H_{0}(\alpha)=$ $\left[\iota_{2}, \iota_{1}\right] \circ \bar{H}\left(2 \iota_{\alpha}\right)$, and hence $\bar{H}\left(2 \iota_{\alpha}\right)=\Sigma^{2} H_{0}(\alpha)$.

Secondly we show (2). By a Hilton-Milnor theorem with $n \leq 3 m-3$ (see [ $\mathbf{W}]$ ), we have

$$
\left(2 \iota_{\alpha}\right) f=2 f+\left[\iota_{\alpha}, \iota_{\alpha}\right] \circ \bar{H}(f)
$$

For $f=\ell \iota_{\alpha}$ with $\ell \in \mathbb{Z}$, we then have $2 \ell \iota_{\alpha}=2 \ell \iota_{\alpha}+\left[\iota_{\alpha}, \iota_{\alpha}\right] \circ \bar{H}\left(\ell \iota_{\alpha}\right)$, and hence we have $\bar{P} \bar{H}\left(\ell_{\iota_{\alpha}}\right)=\left[\iota_{\alpha}, \iota_{\alpha}\right] \circ \bar{H}\left(\ell_{\alpha}\right)=0$.

So we are left to show (3). For the dimensional reasons, Hilton-Hopf invariant satisfies the following derivation formula.

$$
\bar{H}\left(\ell_{\iota_{\alpha}} \circ\left(\mu_{0} \circ \Sigma j\right)\right)=\bar{H}\left(\ell_{\iota_{\alpha}}\right) \circ\left(\mu_{0} \circ \Sigma j\right)+\left(\Sigma\left(\ell_{\iota_{m}}\right) \wedge\left(\ell_{m}\right)\right) \circ\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)
$$

Since the image of $\bar{H}\left(\ell_{\iota_{\alpha}}\right)$ is in $S^{2 m-1}$, it factors through $\Sigma j: \Sigma C_{\alpha} \rightarrow S^{n}$, and $\Sigma j \circ \mu_{0} \circ \Sigma j=\left(k \iota_{n}\right) \circ \Sigma j=k \Sigma j$. It then follows that $\bar{H}\left(\ell \iota_{\alpha}\right) \circ\left(\mu_{0} \circ \Sigma j\right)=k \bar{H}\left(\ell \iota_{\alpha}\right)$, and hence $\bar{H}\left(\left(\ell \iota_{\alpha}\right) \circ\left(\mu_{0} \circ \Sigma j\right)\right)=k \bar{H}\left(\ell \iota_{\alpha}\right)+\ell^{2} H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j$. By putting $\ell=2$, we get

$$
\bar{H}\left(\left(2 \iota_{\alpha}\right) \circ\left(\mu_{0} \circ \Sigma j\right)\right)=k \bar{H}\left(2 \iota_{\alpha}\right)+4 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j
$$

On the other hand, by a Hilton-Milnor theorem with $n \leq 3 m-3$ (see [ $\mathbf{W}]$ ), we have

$$
\left(2 \iota_{\alpha}\right) \circ \mu_{0}=2 \mu_{0}+\left[\iota_{\alpha}, \iota_{\alpha}\right] \circ H_{\alpha}\left(\mu_{0}\right)=2 \mu_{0}+\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}\left(\mu_{0}\right)
$$

and hence

$$
\begin{aligned}
& \bar{H}\left(\left(2 \iota_{\alpha}\right) \circ\left(\mu_{0} \circ \Sigma j\right)\right)=H_{\alpha}\left(\left(2 \iota_{\alpha}\right) \circ \mu_{0}\right) \circ \Sigma j \\
& \quad=2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j+\Sigma i \circ H_{0}\left(\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}\left(\mu_{0}\right)\right) \circ \Sigma j=2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j+\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)
\end{aligned}
$$

where $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=\Sigma i_{\circ} H_{0}\left(\left[\iota_{m}, \iota_{m}\right]\right) \circ H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j$. Thus we get the relation $2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j+\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=k \bar{H}\left(2 \iota_{\alpha}\right)+4 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j$, and hence $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right)\right)=$ $k \bar{H}\left(2 \iota_{\alpha}\right)+2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j$.

In case when $m$ is odd, the Whitehead square $\left[\iota_{m}, \iota_{m}\right]$ has order 2 , anjd hence its Hilton-Hopf invariant is trivial. Thus $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=0$ and $k \bar{H}\left(2 \iota_{\alpha}\right)+$ $2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j=0$.

In case when $m$ is even, the Whitehead square $\left[\iota_{m}, \iota_{m}\right]$ has order $\infty$ and its Hilton-Hopf invariant is 2. Thus $\bar{H} \bar{P}\left(H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j\right)=2 H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j$ and $k \bar{H}\left(2 \iota_{\alpha}\right)=$ 0.
qed.
Then we define the quadratic $\mathbb{Z}$-module

$$
\begin{gather*}
M=\left(\pi_{n}\left(S^{m}\right) / U_{\alpha} \xrightarrow{H} \pi_{n}\left(S^{2 m-1}\right) \xrightarrow{P} \pi_{n}\left(S^{m}\right) / U_{\alpha}\right) \quad \text { with elements }  \tag{9.1}\\
\lambda \in \pi_{n}\left(S^{2 m-1}\right), \quad \mu \in \pi_{n}\left(S^{2 m-1}\right), \quad k \in \mathbb{N}
\end{gather*}
$$

as in (3.1) above. With the notations in (1.4), Proposition 7.1 and (9.1) we get: In terms of the data $(M, \lambda, \mu, k)$ associated to $\alpha$ in (9.1) we obtain by 7.1 the square ring $Q(M, \lambda, \mu, k)$ together with an isomorphism

$$
\begin{equation*}
\operatorname{End}\left(\Sigma C_{\alpha}\right) \cong Q(M, \lambda, \mu, k) \tag{9.2}
\end{equation*}
$$

of square rings.
Proof: We show that $(M, \lambda, \mu, k)$ satisfies the hypothesis in Proposition 7.1. Since a higher homotopy groups are abelian, $M_{e}$ and $M_{e e}$ are abelian groups. Also from the fact that $H_{0}$ and $\left[\iota_{m}, \iota_{m}\right]_{*}$ is a homomorphism, it follows that $H$ and $P$ are homomorphisms. For $x \in M_{e e}=\pi_{n}\left(S^{2 m-1}\right)$, since $x$ is in stable range, $\operatorname{PHP}(x)=$ $P\left(H\left(\left[\iota_{m}, \iota_{m}\right]\right) \circ x\right)$. If $m$ is even, $H\left(\left[\iota_{m}, \iota_{m}\right]\right)=2$ and $P H P(x)=2 P(x)$. But if $m$ is odd, $H\left(\left[\iota_{m}, \iota_{m}\right]\right)=0$ and $P H P(x)=0$ while the order of $P(x)=\left[\iota_{m}, \iota_{m}\right] \circ x$ is 2, and hence $P H P(x)=0=2 P(x)$. For $x \in M_{e}, H(x)$ is in $M_{e e}=\pi_{n}\left(S^{2 m-1}\right)$, and hence $H(x)$ is in stable range, $H P H(x)=H\left(\left[\iota_{m}, \iota_{m}\right]\right) \circ H(x)$. If $m$ is even, $H\left(\left[\iota_{m}, \iota_{m}\right]\right)=2$ and $H P H(x)=2 H(x)$. But if $m$ is odd, $H\left(\left[\iota_{m}, \iota_{m}\right]\right)=0$ and $H P H(x)=0$. For dimensional reasons, there is an element $x_{0} \in \pi_{n-2}\left(S^{2 m-3}\right)$ with $\Sigma^{2} x_{0}=H(x)=H_{0}(x)$ and $\left[\iota_{m-1}, \iota_{m-1}\right]_{*} x_{0}=P_{0}\left(H_{0}(x)\right)=0$. Taking its Hilton-Hopf invariant, we get $2 x_{0}=0$ and $2 H_{0}(x)=\Sigma^{2}\left(2 x_{0}\right)=0$, and hence $H P H(x)=0=2 H(x)$. By Proposition 9.3, it follows that $(M, \lambda, \mu, k)$ satisfy the required conditions to define a square extension.

So we are left to show that the isomorphism $\phi:\left(\mathbb{Z} \times_{k} \mathbb{Z}\right) \times\left(\pi_{n}\left(S^{m}\right) / U_{\alpha}\right) \rightarrow$ [ $\Sigma C_{\alpha}, \Sigma C_{\alpha}$ ] in the proof of Corollary 8.5 carries the product given in Theorem 6.2 to the composition. For $a=\left(a_{0}, a_{1}\right), b=\left(b_{0}, b_{1}\right) \in \mathbb{Z} \times_{k} \mathbb{Z}$ and $[x],[y] \in \pi_{n}\left(S^{m}\right) / U_{\alpha}$,
we obtain by using Proposition 9.1

$$
\begin{aligned}
& \phi(a,[x]) \circ \phi(b,[y])=\left(s(a)+\Sigma j^{*}\left(\Sigma i_{*}(x)\right)\right) \circ\left(s(b)+\Sigma j^{*}\left(\Sigma i_{*}(y)\right)\right) \\
& \quad=(s(a)+\Sigma i \circ x \circ \Sigma j) \circ s(b)+\left(s\left(a_{0}, a_{1}\right)+\Sigma i \circ x \circ \Sigma j\right) \circ(\Sigma i \circ y \circ \Sigma j) \\
& =s(a) \circ s(b)+(\Sigma i \circ x \circ \Sigma j) \circ s(b)+\left(a_{0} \iota_{\alpha}+\left(\frac{a_{1}-a_{0}}{k} \mu_{0}+\Sigma i \circ x\right) \circ \Sigma j\right) \circ(\Sigma i \circ y \circ \Sigma j) \\
& =s(a b)+b_{1} \Sigma i \circ x \circ \Sigma j+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} \Sigma i \circ\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}\left(\mu_{0}\right) \circ \Sigma j \\
& \quad+\left(a_{0} \iota_{\alpha}\right) \circ \Sigma i \circ y \circ \Sigma j+\left(\frac{a_{1}-a_{0}}{k} \mu_{0}+\Sigma i \circ x\right) \circ \Sigma j \circ \Sigma i \circ y \circ \Sigma j \\
& \quad=s(a b)++b_{1} \Sigma i \circ x \circ \Sigma j+a_{0} \Sigma i \circ y \circ \Sigma j+\frac{a_{0}\left(a_{0}-1\right)}{2} \Sigma i \circ\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}(y) \circ \Sigma j \\
& \quad+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} \Sigma i \circ\left(\left[\iota_{m}, \iota_{m}\right] \circ H_{\alpha}\left(\mu_{0}\right)\right) \circ \Sigma j \\
& = \\
& \quad s(a b)+\Sigma i \circ\left(b_{1} x+a_{0} y+\frac{a_{0}\left(a_{0}-1\right)}{2} P_{\alpha} H_{\alpha}(y)+\frac{a_{0}\left(a_{0}-1\right)\left(b_{1}-b_{0}\right)}{2 k} P_{\alpha} H_{\alpha}\left(\mu_{0}\right)\right) \circ \Sigma j \\
& = \\
& \quad \phi\left(a b, b_{1}[x]+a_{0}[y]+\frac{a_{0}\left(a_{0}-1\right)}{2} P_{\alpha} H_{\alpha}(y)+\Delta(a, b)\right)=\phi((a,[x]) \circ(b,[y]))
\end{aligned}
$$

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Hans-Joachim Baues, Max-Planck-Institut für Mathematik, Bonn, Germany.
E-mail address: baues@mpim-bonn.mpg.de
Norio Iwase, Graduate School of Mathematics, Kyushu University, Japan.
Current address: Max-Planck-Institut für Mathematik, Bonn, Germany.
E-mail address: iwase@math.kyushu-u.ac.jp


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